

PEACHES & FETA SALAD

From Aba Executive Chef/Partner CJ Jacobson Serving Size: 2 people

INGREDIENTS

- 1 cup ripe peaches, sliced
- ½ cup cucumber, sliced into half moons
- 2 tbsp. rose water vinaigrette (next recipe)
- 3 tbsp. feta cheese, crumbled into chunks
- 5 leaves mint, torn
- 5 leaves shiso, torn
- 5 leaves basil, torn
- 4 turns black pepper, ground fresh from a mill
- sea salt, to taste



METHOD

- 1. Toss peaches and cucumber with rose water vinaigrette and salt to taste.
- 2. Plate half the mixture in a bowl. Arrange half the feta over the top and sides.
- 3. Repeat with the second half of the peaches and cucumber mixture and feta in the second bowl.
- 4. Garnish both bowls with herbs.
- 5. Grind pepper over the top and season with sea salt.
- 6. Drizzle any additional vinaigrette over the top of the salad, if desired.





ROSE WATER VINAIGRETTE

Yields 1 cup

INGREDIENTS

- 1 tsp. shallot, finely diced
- 1 tsp. rose water
- ¼ cup fresh squeezed grapefruit juice
- 1 tsp. red wine vinegar
- 1 tbsp. white balsamic
- 1 tsp. granulated sugar
- 8 turns black pepper, ground fresh from a mill
- 2 tbsp. extra virgin olive oil
- lemon juice, from one lemon wedge
- sea salt, to taste

METHOD

- Add shallot, vinegars and sugar in a bowl. Allow to sit for 10 minutes.
 During this time the acid "cooks" the shallot, removing its harshness.
- 2. Add a small pinch of salt. Whisk to make sure sugar is dissolved.

 Then, add the pepper, rose water and grapefruit juice.
- 3. Whisk in the olive oil and whisk for 3 minutes until emulsified.
- 4. Adjust seasoning with salt and lemon juice, if needed.

