# MON AMI GABI® A CLASSIC FRENCH BISTRO

## VERLASSO SMOKED SALMON EGGS BENEDICT

Serving Size: 4 people

### INGREDIENTS FOR HOLLANDAISE SAUCE

- 4 egg yolks
- 4 tbsp. white wine
- 4 tbsp. white wine vinegar
- 1/2 lemon
- 8 oz. clarified butter
- tabasco to taste
- salt & pepper to taste

#### INGREDIENTS FOR EGGS BENEDICT

- 8 whole eggs
- 4 English muffins
- 1 ripe avocado sliced
- 12 oz. Verlasso Smoked Salmon
- 1 lb. cherry tomatoes
- 1 sprig of fresh chopped chives







#### VERLASSO SMOKED SALMON EGGS BENEDICT

#### METHOD FOR HOLLANDAISE SAUCE

- 1. Combine egg yolks, white wine and white wine vinegar in a large bowl preferably metal and whisk over a saucepan of simmering water until thick and ribbons appear for about 15 minutes.
- 2. Remove the bowl from above hot water and place it on the counter on a folded towel so the bowl doesn't move around.
- 3. Slowly incorporate the butter while continuously whisking the mixture.
- 4. Once the butter is all incorporated the sauce should be velvety smooth and thickened but still pourable, if the mixture is too thick, thin it out with a little warm water.
- 5. Add the juice of a half lemon making sure you are removing the seeds, add a few drops of Tabasco and adjust seasoning with salt & pepper. Reserve the Hollandaise sauce in a sauce dish and keep it warm until needed.

#### METHOD FOR EGGS BENEDICT & ASSEMBLY

- 1. Preheat oven to 400°F.
- 2. Place tomatoes on a sheet pan and drizzle with olive oil and season with salt and pepper. Blister the cherry tomatoes for 20 minutes. Set aside.
- 3. Fill a large sauce pan ¾ of the way with water and bring to a boil. Once the water comes to a boil, add a cup of white vinegar and pinch of salt.
- 4. Crack eggs individually in a small cup and gently drop them in the hot water one at a time. If your sauce pan is not wide enough you may need to do this in rounds.
- 5. Once the eggs are in the water, reduce the heat and lightly poach the eggs for 4 minutes or until the whites are cooked and the yolks are still soft and runny.
- 6. Carefully remove the eggs with a slotted spoon and let them strain on a dry towel.
- 7. Open the English Muffins and toast each half. Once toasted butter each half.
- 8. Place muffin halves on a large round plate and top each with avocado slices and season with salt & pepper. Add 1½ oz. Verlasso smoked salmon and a poached egg per half muffin. Top off each muffin half with a generous spoonful of Hollandaise and sprinkle with chopped chives.
- 9. Serve two halves per plate and garnish with 4-5 blistered cherry tomatoes.